



# Buteyko Study Day

Saturday 14<sup>th</sup> April 2018

The London School of Osteopathy,  
The Grange, 12 Grange Road, London SE1 3BE

09:00 Registration & refreshments

09:30 Welcome & topic setting  
*Claire Hepworth*  
*BBA Chair*

09.50 **The Brompton Breathing Pattern Assessment Tool (BPAT)**  
**Sarah Todd**, *Respiratory Specialist Physiotherapist, Royal Brompton Hospital, London*

Sarah specialises in difficult and severe asthma. She has been key in developing the BPAT for use in detecting breathing pattern disorder in those with and without asthma. Sarah will introduce the BPAT and her research findings so far.

10.50 Refreshments (15 mins)

11:05 Topics (20 mins)

11:25 **Acute & Chronic Cough Management**  
**Taryn Walker**, *Advanced Clinical Practitioner Respiratory Physiotherapist, Ipswich Hospital*

Taryn is an experienced respiratory physiotherapist as well as an independent non-medical prescriber. Taryn will talk on the management of acute and chronic cough, including both pharmacological and non-pharmacological management.

12:25 Lunch (Provided)

13:25 **Complex Asthma**  
**Therese Bidder**, *Clinical Nurse Specialist, Allergy & Asthma, Royal National Throat Nose & Ear Hospital, UCLH.*

Therese is an experienced respiratory specialist nurse working with complex asthma. She will give an overview of the management of complex asthma as well as her experience of working in a complex asthma clinic.

14.25 Topics (20 mins)

14.45 Refreshments (15 mins)

15:00 **Physiotherapy Postcode Lottery for Children with 'difficult' Asthma**  
**Charlotte Wells**, *Paediatric Respiratory Specialist Physiotherapist, Royal Brompton Hospital, London*

Charlotte will present her research which has uncovered wide variation in paediatric physiotherapy provision for 'difficult' asthma across the UK.

15:40 Closing Remarks  
*Claire Hepworth*  
*BBA Chair*

15:45 Finish

16:00 – 17:00 AGM

17:30 Dinner- Please join us for an informal dinner to catch up with friends at Cafe Amisha, Italian restaurant, just a short walk away. [www.cafeamisha.co.uk](http://www.cafeamisha.co.uk)